

"Renewed"

Recorded by: U.S Army Reserves 99th Readiness Division Band

Directed by: CW5 Santiago

Written by: SFC Todd Freeman

Genre: Country

Description: Describes transformation and emergence from pain with renewed hope, purpose, and a will to live. It captures how healing and growth are possible, even after intense struggle.

Key themes: *Resilience, hope, post-traumatic growth, hunting the good stuff*

Verse 1

*In the silence of the night, I was alone,
Haunted by thoughts I kept my own,
Depression whispered lies in my ear,
I fought through every tear.*

Pre-Chorus

*But a spark ignited deep inside,
A flicker of hope I couldn't hide,
The dawn broke through the endless gray,
Promising a brighter day.*

Chorus

*Now I'm living in the light,
I've turned the pain to might,
With each new breath, I rise above,
Surrounded by hope and love.
I've found my reason why,
No longer just getting by,
From the shadows, I've broken through,
Living now, a life renewed.*

Verse 2

*With each sunrise, a new chance to be,
A reminder of the strength in me,
The storm has passed, the skies are clear,
I'm standing tall, I'm here.*

Pre-Chorus

*In the quiet of the night, a whisper of hope,
A promise of tomorrow, a way to cope,
I held on tight, through the darkest day,
Believing in the dawn, finding my way.*

Chorus

*Now I'm living in the light,
I've turned the pain to might,
With each new breath, I rise above,
Surrounded by hope and love.
I've found my reason why,
No longer just getting by,
From the shadows, I've broken through,
Living now, a life renewed.*

Bridge

*Every scar is a story, of battles fought and won,
A journey of courage, under the sun,
I'm stronger now, with each passing day,*

Grateful for life, come what may.

Chorus

*Now I'm living in the light,
I've turned the pain to might,
With each new breath, I rise above,
Surrounded by hope and love.
I've found my reason why,
No longer just getting by,
From the shadows, I've broken through,
Living now, a life renewed.*

Outro

*The shadows fade away, as I greet the morning sun,
A new chapter begins, and my story's just begun,
With hope in my heart, and strength to see it through,
I'm living proof of a life renewed.*