

JULY 2025

Army Information Update

Because information is power, we are informing you each personally and inspiring you to pass it along.

We've Reached the Halfway Mark of 2025!

July 2 marked the midpoint of the year—a perfect time to reflect, reset, and refocus for the months ahead. Just like Soldiers prepare to stay mission-ready, Army Families can use this time to make sure they're ready too.

A key part of Family readiness is having important paperwork in order. To help, the Department of the Army created two readiness videos. To access them, scroll down the SFRG page and choose the VIDEOS tab. They are each just about four minutes long.

- **[STANDING READY Part I:](#)** Covers four critical documents every Army Family should know, access, and keep up to date.
- **[STANDING READY Part II:](#)** Highlights four additional documents that may apply, depending on your Family's situation.

While you're preparing, explore the whole **[Soldier and Family Readiness Group Page](#)** on the Quality of Life website.

Remember, **[The Quality of Life website](#)** is the *Digital Front Door for Army Families*—your one-stop resource hub organized to make it easier to find what you need, when you need it. It's where we post these monthly "Army Information Updates", so everyone has access anytime.

Here's to a strong second half of 2025!

Our Goal: Every Army Spouse & Family are Aware of Big Army Information, Efforts, and Initiatives.