



**Training Support Request-MTT (TSR-MTT)**  
**Ready and Resilient Performance Center (R2PC)**

**TO REQUEST A MOBILE TRAINING TEAM**  
**(ALL COMPOs: Active, ARNG, USAR)**

- 1. Identify Training Needs:** Determine your unit's specific resilience and performance training requirements, such as leadership development or stress management, for delivery at your location.
- 2. Complete the Request Form:** Fill out the R2 Training Support Request (TSR-MTT) Form, ensuring SECTION 1 includes accurate details on training objectives, location, preferred dates, and participant numbers.
- 3. Submit the Form:** Email the signed form, endorsed by the **Unit Commander or Senior Enlisted Leader**, to the Army R2 Training Proponent at [resilience@army.mil](mailto:resilience@army.mil).
- 4. Review and Approval:** The R2 Training Proponent will review the request and notify you within 96 hours of approval or request additional information if needed.
- 5. Plan Development:** Upon approval, the R2 Project Management Office (PMO) assigns an MTT Lead who will contact you within 48-72 hours to discuss a tentative training plan.
- 6. Finalize Coordination:** After the training plan is approved by the R2 Proponent and Contracting Officer's Representative-Requiring Activity (COR-RA), the MTT Lead will coordinate travel, facilities, and resources with your unit to ensure successful execution.

**For more information—or to discuss complex mission requests covering multiple locations, operational conditions or training needs—contact the R2 Training Proponent at [resilience@army.mil](mailto:resilience@army.mil).**