

Lead with RESPECT



Respectful environments don't just happen. They are designed and reinforced. Below are four practical ways to foster respectful behavior at work, home, and in daily life:



FOLLOW THE GOLDEN RULE — Respect is a standard code of conduct and an Army Value. This age-old principle can be applied to guide behavior and decision-making.



DEFINE RESPECT — Encourage team and Family members to outline respectful behaviors by identifying what respect looks like in action.



PRAISE RESPECTFUL BEHAVIORS AND INTERACTIONS — Publicly and immediately praise respectful behaviors and interactions. When we observe children, teammates, and Battle Buddies being respectful, let them know right away.



Emphasize the Importance of Manners, Professionalism, and Military Bearing — Military bearing includes upholding high standards of professionalism, composure, personal appearance, and respect, on and off duty.



ARMY RESILIENCE

For more ways to strengthen your resilience, connect with us at:
www.armyresilience.army.mil | @ArmyResilience  