



Training Support Request-Local (TSR-Local) **Ready and Resilient Performance Center (R2PC)**

TO REQUEST TRAINING FROM AN R2PC ON YOUR INSTALLATION

1. **Identify Training Needs:** Determine your unit's specific resilience and performance training requirements, such as leadership skills or stress management, suitable for delivery at your installation's R2PC.
2. **Complete the Request Form:** Fill out the R2 Training Support Request (TSR-LOCAL) Form, ensuring SECTION 1 includes accurate details on training objectives, location, dates, and desired outcomes.
3. **Submit the Form:** Email the signed form, **endorsed by the Unit Commander or Senior Enlisted Leader**, to the local R2 Performance Center Manager (R2PCM)- check your installation directory for POC information, or visit the R2 Page of the DPRR website here: <https://www.armyresilience.army.mil/ard/r2/R2-Performance-center.html>
4. **Review and Approval:** The R2PCM will review the request and contact you within 48-72 hours to clarify details or arrange a meet-and-greet. Once the R2 PCM has obtained enough information to complete the tentative plan, they will provide you and your Training POC with a concept of operations (CONOPS) for the proposed training plan. For your review and approval.
5. **Finalize Coordination:** After approving the CONOPS, collaborate with the R2PCM to arrange facilities, resources, and schedules for training execution.

For more information, or to address complex mission requests covering multiple locations or operational conditions and training needs, contact the R2 Training Proponent at resilience@army.mil.